



# SDCPhA Voice

Newsletter of the San Diego County Pharmacists Association  
www.sdcpha.com

California Pharmacists Insurance Services

January 2001

Editor: Gene Tunick, R.Ph.

Volume IV, Issue 1

## New Drug Spotlight

By Helen Park PharmD

**Name:** Colesevelam (WelChol)

**MOA:** Welchol binds to bile acids in the intestine preventing their reabsorption. Welchol itself is not absorbed.

**Indication:** reduction of LDL cholesterol in patients with primary hypercholesterolemia, can be used as monotherapy or in combination therapy with an HMG-CoA reductase inhibitor

**Contraindication:** individuals with bowel obstruction or individuals with a known hyper-sensitivity to components of WelChol

**Pregnancy:** category B

**Dose:** in monotherapy, 3 tablets twice daily with meals or 6 tablets daily with a meal; for combination therapy, 4-6 tablets per day dosed together with an HMG-CoA reductase inhibitor

**Side effects:** constipation, dyspepsia, myalgia

## President's Message

# Y2k SUCCESSES

It doesn't seem possible that a full year has passed since I took the reins as President of the SDCPhA and the year has definitely flown.....

There have been many successes during this millennium year.

1. The development of an association web site. John Johnson has worked very hard to make this a reality. The ability to e-mail the entire Board has been a real bonus and has saved lots of time in communicating among the board members.

The site is very easy to use and offers all members an

opportunity to stay abreast of the association and its activities.

2. Our C.E. Program has been a tremendous hit with several outstanding programs presented on a regular basis, again thanks to Mr. Johnson. All the programs have been well attended and our ability to join forces with the SDSHP have greatly contributed to the quality and success of each session.

*Continued on page 4*

## New Officers & Board Members for 2001

### Officers

Aaron Swann President  
 Helen Park President Elect  
 Shaun Yound Vice President  
 Poonam Patel Secretary  
 David Mitchell Treasurer  
 (2-Year Term)

### Board of Directors

John Johnson  
 Randall J. Moore  
 Eric Gupta

All terms will begin after our Annual Gala Expo January 20th

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## Calendar of Activities

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*January 20, 2001 – 6:30 pm*  
Pharmacy Gala & Expo 2001  
Tom Ham's Lighthouse  
2150 Harbor Island Drive, San Diego

*January 30, 2001 – 6:00 pm*  
Continuing Education  
"Current Trends in Influenza in the 21st Century"  
Napa Valley Grille – 502 Horton Plaza

*February 8, 2001*  
CPhA Board of Trustees Meeting,  
Marriott Hotel, Newport Beach, CA

*February 9-11, 2001*  
CPhA Annual Meeting, Marriott Hotel, Newport  
Beach, CA

*October 4, 2001*  
CPhA Board of Trustees Meeting, John  
Ascuaga's Nugget, Reno, NV

*October 5-7, 2001*  
Western Pharmacy Education Faire, John  
Ascuaga's Nugget, Reno, NV

*November 18, 2001*  
PTCB Examination

# PacAdvantage

## Medical & Dental Insurance Plans

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**T**he California Pharmacists Association is pleased to announce its sponsorship of new medical and dental programs for members and their employees!

The new program, called PacAdvantage, provides member pharmacists with 2- 50 employees, choice and flexibility when it comes to selecting their group medical and dental programs.

Enrollment in the program is guaranteed as long as your group meets the eligibility requirements. No one can be turned down for health reasons.

### Many Medical Plans Are Available To Choose From

Each employee can choose  
from among these plans:

- Aetna
- Blue Shield
- Health Net
- Kaiser
- Champion Health
- Chinese Community Health Plan
- Community Health Group
- San Francisco Health Plan
- Universal Care
- UHP Healthcare
- National Health Plans

### Highlights of the new program include:

- Employees can each select a different medical plan
- You, the employer, receive only one invoice each month
- Rates do not change because of health history
- 12 month rate guarantee
- Choose from over 12 medical companies and six dental companies.

### ...And Dental Plans!

Choose from among these plans:

- Delta Dental
- Pacific Life & Annuity
- PacifiCare Dental
- Safeguard
- DentiCare
- Universal Care Dental
- Humana

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To find out more about these exciting new plans, call a  
California Pharmacists Insurance Services Client Service  
Representative at: **1-888-926-CPhA**

San Diego County Pharmacists Association Presents

# PHARMACY GALA & EXPO 2001

*Cocktails*

*Banquet*

*Dancing*

**TOM HAM'S LIGHTHOUSE,**  
2150 Harbor Island Drive, San Diego, CA 92101 (619) 291-9110

**Saturday January 20th, 2001**

**6:30 pm Exhibit**

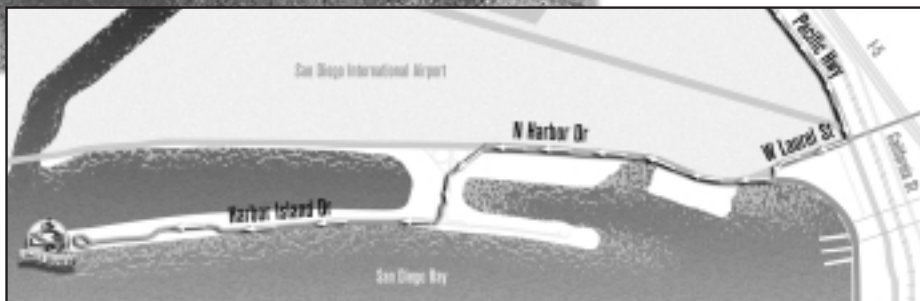
**no host bar**

**7:30 Dinner & Dancing**

**\$25 per person (\$200 table of 8)**

**Directions:**

From southbound Pacific Highway, turn right on West Laurel Street. Turn slightly right onto North Harbor Drive, and turn left onto Harbor Island Drive. Continue west to the end.



**RSVP by Monday, January 8th**

Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Number of Attendees \_\_\_\_\_ Amount Enclosed \_\_\_\_\_

**Mail this form with your payment to:** San Diego County Pharmacists Association, PMB 101, 6549 Mission Gorge Road, San Diego, CA 92120

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## President's Message

3. The Annual Day at the Ballpark was very well attended and a thank you to Chris Woo for all his efforts in putting this fun event together.
4. Gene Tunick did his usual top notch job in chairing and almost single-handedly hosting the annual golf tournament. This event was a tremendous success and a great time was had by all in attendance, whether players or volunteers.
5. Our annual Installation dinner last January at the Del Mar Turf Club was a huge success thanks to the efforts Jeri Clark, Natalie Seeman and all the others who put in long hours seeking sponsors, selling tickets and everything else that goes into an effort of this nature.

When I accepted the office of President I had some goals that I had hoped to achieve but must admit I have been unsuccessful in achieving.

One was membership. I had hoped to increase membership in our SDCPhA first and as a result strengthen our position in CPhA. As a Past President I intend to continue my efforts to influence the hundreds of Pharmacists in San Diego County that do not participate in the association as to the value of the association to them in their various practice settings.

I had also hoped to develop a strong Public Relation program on behalf of the practice of Pharmacy, but again I have not been successful in this endeavor, but I continue to feel it is of utmost importance for our profession to reach out to the consumer and let them know what the practice of Pharmacy is all about.

As we start another year I look forward to continued service on the board and hope we will see more new faces at each meeting.

### Continuing Education

## “Current Trends in Influenza in the 21st Century”

**Charles L. James, Pharm.D., FCSHP,**  
Infectious Diseases Pharmacist Specialist,  
UCSD Medical Center

**LOCATION:** Napa Valley Grille  
502 Horton Plaza  
(Atop Horton Plaza)

**DATE:** January 30th, 2001  
**TIME:** 6 PM  
**REGISTRATION:** visit [www.sdcpha.com](http://www.sdcpha.com)  
and click “Education”

Provides 1 hour of  
AEP accredited  
continuing education.

## SDCPhA Officers For 2000

President: John J. Ahearn, Jr.

President Elect: Aaron Swann

Vice President: Helen Park

Secretary: Natalie Seeman

Treasurer 2nd Year

Of 2 Year Term: Linh To

Board Of Directors: Kevin Host

S. John Johnson

Jacqueline Nguyen

## Come Join Us!!

We hold our board meetings on the first Tuesday of each month at the San Diego VA Hospital. Members are encouraged to attend. Meetings start at 7p.m. and are held in the pharmacy conference room located in the basement. For more information, please call us at (619) 464-8298. Our next meeting is September 5th.

***Be an active Pharmacist  
Support your Profession  
Join the San Diego County  
Pharmacists Association***

Membership includes:

Continuing Education  
Political Action  
Fun Activities  
Career Opportunities  
Membership in the California  
Pharmacists Association (CPhA)

***Join now and register to win FREE  
registration to a CPhA Annual Meeting or  
CPhA's Western Ed Faire***

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City & Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Practice setting: \_\_\_\_\_

Method of payment: \_\_\_\_\_

Please complete and fax to: (619)464-8298  
Or mail to: SDCPhA 6549 Mission Gorge Rd.,  
PMB #101, San Diego, CA 92120

## California Pharmacists Association 2001 Annual Meeting

*Charting Pharmacy's Course in the 21st Century*

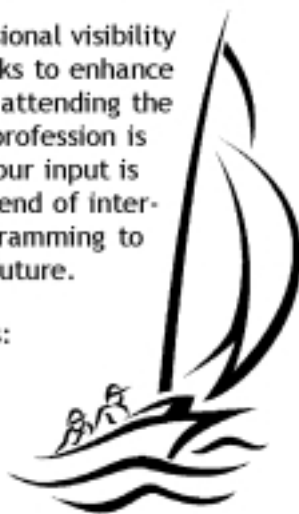
*February 9 - 11, 2001*

*Marriott Hotel, Newport Beach, California*

Share expertise, gain professional visibility and expand personal networks to enhance your professional growth by attending the 2001 Annual Meeting. The profession is continuing to change, and your input is needed. Join us for a weekend of interactive and informative programming to chart your course for your future.

### Annual Meeting Highlights:

*House of Delegates Sessions  
Awards Luncheon  
President's Reception  
Alumni Lunches  
PAC Silent Auction  
Installation Dinner & Dance*



For more information, please contact CPhA at  
(800) 444-3851 ext. 325 or [www.cpha.com](http://www.cpha.com)

## **San Diego County Pharmacists Association**

Website: [www.sdcpha.com](http://www.sdcpha.com)

6549 Mission Gorge Road, #101

San Diego, CA 92120

ADDRESS CORRECTION REQUESTED

Newsletter Editor: Gene Tunick

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Thanks to **Seabury & Smith, Inc.** for production of our newsletter.  
**Seabury & Smith, Inc.** is the exclusive administrator of the California Pharmacists Association sponsored insurance programs.  
Call **(888) 926-CPhA** for information about the programs available or e-mail them at [CPhA.Insurance@marshmc.com](mailto:CPhA.Insurance@marshmc.com).

# Have You Moved?

*Please update your information for our records*

Name: \_\_\_\_\_

**Former** Address: \_\_\_\_\_

**Former** City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**New** Address: \_\_\_\_\_

**New** City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**New** Phone: (\_\_\_\_\_) \_\_\_\_\_

**New** Fax: (\_\_\_\_\_) \_\_\_\_\_

# Do We Have Your e-Mail Address???

Name: \_\_\_\_\_ e-mail address: \_\_\_\_\_